

Year 6 – PSHE lessons		
Autumn 1	Spring 1	Summer 1
<p>Sex and relationship education: healthy relationships / How is a baby made?</p> <p>Pupils learn:</p> <ol style="list-style-type: none"> 1. about the changes that occur during puberty 2. to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact 3. what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships 4. about human reproduction in the context of the human lifecycle 5. how a baby is made and grows (conception and pregnancy) 6. about roles and responsibilities of carers and parents 7. to answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it <p>Additional lessons: (schools will want to consider including these lessons, as part of SRE policy development)</p> <ol style="list-style-type: none"> 8. some myths and misconceptions about HIV, who it affects and how it is transmitted 9. about how the risk of HIV can be reduced 10. that contraception can be used to stop a baby from being conceived 	<p>Drug, alcohol and tobacco education: situations</p> <p>Pupils learn:</p> <ol style="list-style-type: none"> 1. about the effects and risks related to legal and illegal drugs 2. about the risks associated with drug use in different situations 3. how to respond to drug use in different situations 	<p>Keeping safe: out and about</p> <p>Pupils learn:</p> <ol style="list-style-type: none"> 1. about feelings of being out and about in the local area with increasing independence 2. about recognising and responding to peer pressure 3. about the consequences of anti-social behaviour (including gangs and gang related behaviour)
		<p>Spring 2</p> <p>Mental health: healthy minds</p> <p>Pupils learn:</p> <ol style="list-style-type: none"> 1. what mental health is 2. know what can affect mental health and about stigma that surrounds it (including using appropriate language) 3. what people can do to support their mental health and where people can get help