

PSHE – Aim, Implementation & Impact

Using the *You, Me and PSHE* (Islington) Framework

Aim

Our aim is to provide a high-quality PSHE curriculum that equips all pupils with the knowledge, skills and attributes they need to keep themselves healthy, safe and prepared for life and work. Through the *You, Me and PSHE* Islington framework, we aim to develop pupils' confidence, resilience and ability to make informed decisions. We want children to understand themselves, value others, build positive relationships and engage respectfully within their school and wider community. Our curriculum supports pupils' wellbeing and contributes to their spiritual, moral, social and cultural development, ensuring they are ready for the next stage of education and life in modern Britain.

Implementation

- We follow the **You, Me and PSHE Islington scheme**, ensuring full coverage of statutory Relationships Education, Health Education and non-statutory Sex Education.
- Lessons are taught **weekly** in a clear, progressive sequence that builds knowledge and skills from EYFS to Year 6.
- Each half term focuses on a specific **core theme** such as:
 - Identity, society and democracy
 - Physical health and wellbeing
 - Keeping safe and managing risk
 - Drug, alcohol and tobacco education
 - Mental health and emotional wellbeing
 - Careers, economic and financial education
 - Relationships and sex education (as appropriate for year group)
- Teachers use high-quality resources, scenario-based discussions, role-play and reflective activities to promote critical thinking and personal development.
- Safeguarding themes are embedded across the curriculum, and teachers respond to local needs, current issues and pupil voice.
- Staff receive ongoing support and CPD to ensure consistent delivery and confident facilitation of sensitive topics.
- PSHE learning is reinforced through assemblies, school values, whole-school events, anti-bullying weeks and safeguarding initiatives.

Impact

- Pupils develop a secure understanding of how to keep themselves healthy, safe and emotionally well.
- Children are increasingly able to recognise and manage risks, build positive relationships and make informed choices.

- Pupils demonstrate the school's values through respectful behaviour, empathy, teamwork and responsible decision-making.
- Through discussion, pupil voice and work scrutiny, children show a developing vocabulary for expressing feelings, understanding diversity and resolving conflict.
- Attendance, behaviour trends and safeguarding records evidence improved emotional literacy and resilience.
- By the end of primary school, pupils are well-prepared for the transition to secondary education and have the essential personal and social skills needed for life in modern society.